

Curriculum Map

School: Bohunt School Worthing

Subject: PE

Year Group: Year 7

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Unit(s)	Basketball/Rugby Rugby	Rugby/Basketball Basketball	Handball/Badminton Handball	Handball/Badminton Badminton	Athletics	Strike and Fielding
Key knowledge	- Knowledge of the rules - Refereeing - Knowledge of tactical elements and application to game play - Understanding of basic and advanced skills - Application to games - Link to theory through practical knowledge for Year 7 term 1	- Knowledge of the rules - Refereeing - Knowledge of tactical elements and application to game play - Understanding of basic and advanced skills - Application to games - Link to theory through practical knowledge for Year 7 term 1	- Knowledge of the rules - Refereeing - Knowledge of tactical elements and application to game play - Understanding of basic and advanced skills - Application to games - Link to theory through practical knowledge for Year 7 term 2	- Knowledge of the rules - Refereeing - Knowledge of tactical elements and application to game play - Understanding of basic and advanced skills - Application to games - Link to theory through practical knowledge for Year 7 term 2	- Knowledge of the rules - Knowledge of the rules of different events - Understanding of effective technique and application to events - Understanding of GCSE PE theory that can be applied through athletics. - Components of Fitness - Link to theory through practical knowledge for Year 7 term 3	- Knowledge of the rules - Refereeing - Knowledge of tactical elements and application to game play - Understanding of basic and advanced skills - Application to games - Link to theory through practical knowledge for Year 7 term 3
Key skills/concepts	- Passing and receiving - Rucking/mauling/tackling	- Passing and receiving - Dribbling - Shooting	- Passing and receiving - Dribbling - Shooting	- Serving - Overhead clear - Overhead drop - Net Shots - Smash	- Javelin - Shot - Discus 100m 200m	Strike and Field - Batting - Fielding - Bowling - Fielding Strategies

[illegible]