



Twice Weekly Testing - Information

Dear Parent/Carer

Today was the final day of our in-school Covid Testing Programme and we would like to thank our parent and staff volunteers who played a pivotal role in helping us re-open our Test Centre so swiftly. Every student has now received their Lateral Flow home kits for twice-weekly testing. It now becomes parental responsibility in ensuring these kits are kept and stored safely at home, students should test every **Sunday** and every **Wednesday evening**.

Using the COVID Lateral Flow Device (LFD) test twice weekly is an important part of our defence in the fight against COVID-19. Even after restrictions are lifted it remains important to regularly test until we are told it is no longer needed. It is also important we continue to record results on the NHS website, and if you do have symptoms, we recommend getting a PCR test.

If your child has informed you they did not receive their kits, in the first instance please do check the deep dark realms of their school bags, and if the test kit cannot be found there we have spare kits located in reception and can be collected during the day by your child.

Finally, please see below some frequently asked questions regarding home testing. Full guidance can also be found here: <https://www.nhs.uk/conditions/coronavirus-covid-19/testing/>

Have a lovely weekend

Miss B Palmer
Assistant Headteacher

FAQs:

How do I take a Lateral Flow Test?

The Lateral Flow kits contain 7 tests that involve taking a swab from both **nose and throat**. You can watch our short video of how to take a Lateral Flow Test by clicking this link: <https://youtu.be/Gh6fQRJfDQU>. Students should test every **Sunday** and every **Wednesday evening**. If your child has had COVID-19 in the last 90 days, they should not complete a test.

What to do if your child's results are positive?

If your child has tested positive on an LFT test, your child should remain at home and arrange for a PCR test. You must let the school know your child will not be attending school on this day using the Studybugs App. Your child must continue to self-isolate until they get the result of the PCR test and follow the advice given when you get the result. For information on who needs to isolate please see this link: <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

What to do if my child has symptoms?

If your child has any of the main symptoms of COVID-19, even if they're mild they should **remain at home** and book a PCR test as soon as possible. Your child should stay at home and not have visitors (self-isolate) until you get the test result – they can only leave home to have the test.

What to do if someone in my household has symptoms?

If someone you live with has symptoms of COVID-19 or has tested positive for COVID-19, under new guidance anyone under the age of 18 will no longer need to self isolate. For information on who needs to isolate please see this link: <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-and-treatment/when-to-self-isolate-and-what-to-do/>

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