

BEST OF BOHUNT 2023



International Women's Day

Message from our Guest Editor

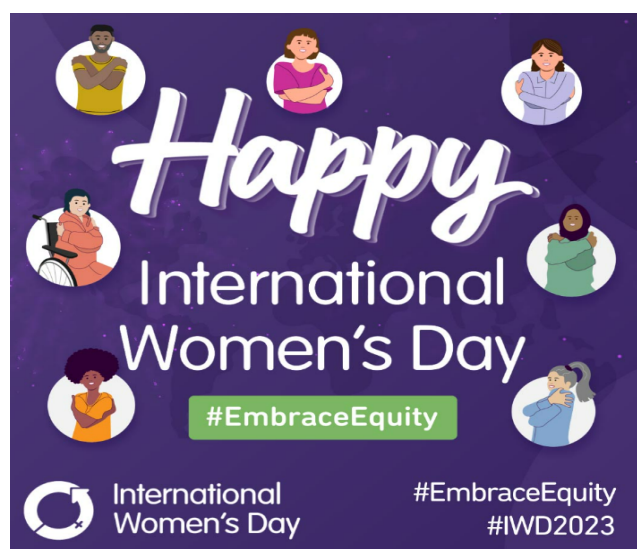
It is with great pleasure that I introduce myself as the guest editor for this special issue of Best of Bohunt (BOB) celebrating International Women's Day. This special issue is a tribute to so many women who have inspired, empowered, and paved the way for our future generations. Through their determination and resilience, have shattered stereotypes, challenged gender roles, and made a lasting impact not just within school but in society. I am excited to work alongside team BOB in creating such an informative, inspiring, and thought-provoking publication that will celebrate the diversity, strength, and achievements of women at Bohunt Worthing.

We have some incredible pieces included in this article from both staff and students which I hope you enjoy - happy reading.

Briony Palmer, Assistant Headteacher



What is International Women's Day?



International Women's Day is a global event celebrated annually on March 8 to recognise the social, economic, cultural, and political achievements of women and to raise awareness about the ongoing struggle for gender equality.

The first International Women's Day was celebrated in 1911, and it has since grown into a worldwide movement that brings together governments, organisations, and individuals to promote women's rights and gender equality.

More information about IWD23:

<https://www.internationalwomensday.com/>



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International Women's Day

Our Inspirational Role Models

We are incredibly proud and fortunate enough to have so many powerful and inspirational women at Bohunt Worthing. All this week we are celebrating them and increasing their visibility of their achievements to all students through a digital campaign. Click the link below to find out more.

Click **HERE** to view our Digital Campaign

BEST

OF
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International Women's Day



Mrs Zeshan
Assistant SENCO/ Teacher
of RE

I studied Inclusive Education at Manchester Metropolitan University before completing my PGCE in Brighton. I am looking forward to going back to university to complete my SENCO qualification.

I used to sing in a band that performed around Lincolnshire, Rutland and Northamptonshire. One of my greatest accomplishments is raising over £1000 by completing a 13000 ft skydive for The Cystic Fibrosis Trust.

I love travelling and exploring new places. I have backpacked around several countries including Nepal and India, where I had the honour of meeting the Dalai lama.

This week Spotify celebrates International Women's Day with the music that powers movements on EQUAL. On Spotify's **EQUAL hub**, you can browse and discover new artists through playlist takeovers. You will also hear inspiring stories through music with the Playlist clips recorded by the artist.



International Women's Day Assembly 2023

On Wednesday Mr McPherson delivered an inspiring and empowering message to the entire school for our Assembly on International Women's Day. His assembly highlighted the importance of gender equality and the contributions of women in all aspects of society and what steps we must take together. .



I will **CELEBRATE** the achievements of women and girls.



I will **CHALLENGE** gender discrimination and bias when I see it.



I will **ENCOURAGE** gender equality at home, in my family and with my friends.



I will **CALL OUT** gender stereotypes that are harmful to women and girls.



***Outstanding academic & personal achievement**



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International Women's Day



Miss Farr Curriculum Leader

Q: Who are some female role models that have inspired you in your life choices?

My mum. She is such a strong character and raised me to always advocate for myself and use my voice.

Q: How do you think positive female role models can influence career choices?

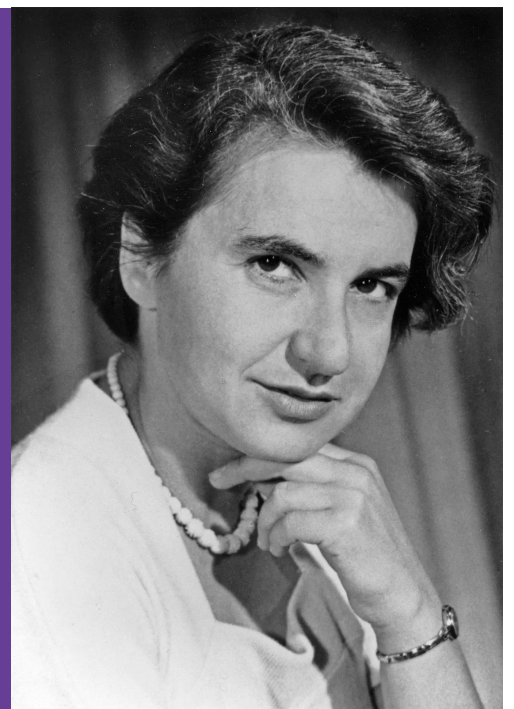
Massively. If you can't see it you can't be it. It's so important for young girls to see themselves represented in all types of careers but especially those that are still male dominated.

FACT: Ms Farr has an Honours degree in Classical music from the Royal Birmingham Conservatoire - one of only 6 royal music schools in the country. She has worked as a professional opera singer for many years in the UK and abroad before training to become a teacher in secondary music.

Rosalind Franklin

Rosalind Franklin was an inspirational woman for many reasons and not just represented as one of our three pastoral houses. She was a pioneering scientist who made significant contributions to the field of molecular biology and played a crucial role in the discovery of the structure of DNA.

In addition to her scientific achievements, Franklin also faced significant challenges as a woman in science. She had to navigate a male-dominated field and deal with discrimination and sexism. Despite these obstacles, she remained committed to her research and pursued her passion for science with determination and perseverance. Overall, Rosalind Franklin is an inspiration to many people, particularly women in science, for her groundbreaking work, her resilience in the face of adversity, and her unwavering commitment to scientific inquiry.



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Must-Read Books: Top Picks Ms Brugnoli Carter

Key Stage Three Coordinator for English

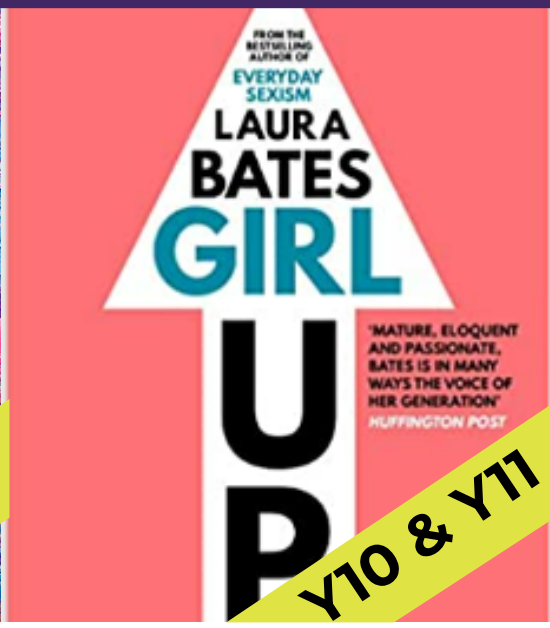
Ms. Brugnoli Carter recommends her top pick books that are not only inspirational and empowering, but also celebrates the experiences and perspectives of women from diverse backgrounds.



"Things a Bright Girl Can Do" is a novel by Sally Nicholls that follows the lives of three young women as they navigate the suffrage movement and societal expectations of women in the early 20th century. It portrays the strength, courage, and determination of these women to fight for their rights and create a better world for themselves and future generations.



"Slay" by Britney Morris is a young adult novel that tells the story of a black teen named Kiera who creates a popular online game that celebrates black culture. When a real-life tragedy is linked to the game, Kiera must confront the backlash against her creation and the discrimination faced by black people in the tech industry. It explores themes of identity, activism, and the power of technology to unite or divide communities.



"Girl Up" by Laura Bates is a book that aims to empower young women to challenge societal pressures and expectations. Through personal anecdotes, interviews, and research, Bates provides insights and advice for girls to build their self-esteem and become empowered to make positive changes in their lives and the world around them.



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Why it is important to be able to see yourself in your role models

Q: Who is your personal female role model and why do you find her inspiring?

A: My personal female role model is actor AJ Cook; she has consistently stood up for herself in relation to changes in her contract that were blatantly sexist, while creating a family and remaining in the public eye for 20+ years. In my personal life, I look up to my older sister, who maintains heavy workload, sports, and friendships; all while being kind and loving.



AJ Cook



Joan of Arc

Q: Are there any historical female figures who you look up to as role models? If so, who and why?

A: Joan of Arc my French Queen; she had so many soldiers loyal to her that she defended France even when she was told not to.

Q: How have inspiring female role models impacted your life or career path?

A: Seeing women in typically 'male' careers that I have considered has heavily influenced my optimism about being in the workplace in the future, and I think without knowing that so many women are breaking into industries dominated by men such as STEM and Law is really inspiring to me and many other young women.

Olivia Y11

Q: in your opinion, what qualities do the most inspiring female role models tend to possess?

A: Resilience, as it shows a willingness to improve both yourself and you environment to be more open minded; passion is important too.



Q: What advice would you give to young women who are seeking out inspiring female role models to look up to?

A: Find someone who you resonate with, whether it be in a career you want, or a similar background or qualities to you. I think it is important to be able to see yourself in your role models because then you already feel like you are halfway to where you want to be, and that someone like you has done something brilliant.

Q: What motivates you to keep pushing forward and pursuing your goals

The thought that I could make someone's life better by inspiring them or aiding them, especially with the fact I want to be a lawyer; I could be the name heard when asked about role models i think that's pretty cool.



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International Women's Day

Interview with Miss Willard Achievement Coordinator for Mandela

Q: What inspired you to pursue the career or path you're on now?

A: My inspiration comes from a mix of both my Science teacher and my Mum. My Mum was a strong single mother when we grew up but was limited by work due to not doing well at school. I wanted to be successful at school to open those closed doors and help others see the value of Education.

Q: Who are some of the women that have had the biggest influence on your life?

A: My friend Ms Quinn massively inspired me, we worked together at a previous school and challenged each other every day to be the best we can. She was a major success and wrote some of the revision books we use in schools.

Q: What advice would you give to young girls and women who want to achieve their dreams?

A: Push for them, success is built one brick at a time.

Q: What are some of your favourite books or movies featuring strong female characters?

A: Hidden Figures, Game of Thrones, Mulan



Q: What do you think are some of the biggest challenges facing women in your country?

A: We have a real issue in STEM with female role models. Women in STEM are far and few between and most role models are much older. This makes it hard to inspire young girls to love Science and Engineering.

Q: What motivates you to keep pushing forward and pursuing your goals?

Besides Miss Palmer? A lot of my motivation is intrinsic and pushing myself to reach what I know I am capable of. My partner is so supportive of my success and encourages me every day

“SUCCESS IS BUILT ONE BRICK AT A TIME”

Q: What accomplishments are you most proud of in your life?

A: Being the first in my family to go on to further education of any variety, achieving my Masters and passing my motorbike license for the first time with 0 minors when there is a real stigma around women and vehicles.

Q: How do you plan to celebrate International Women's Day?

By sharing the international women's day slides in my classes with students, I will use my social media as a platform for those amazing women around me.



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International Women's Day

“What advice would I give to my younger self?”

Miss Latham, Emotional Literacy Support Assistant and Illustrator



Q: What inspired you to pursue the career or path you're on now?

There are two reasons as to why I have pursued a career in education and why I am particularly interested in SEN. The first reason is my older brother, Elliott. He was diagnosed with Autism when he was just 3 years old. My brother was my role model growing up and seeing him deal with daily challenges was a huge inspiration to me. Having an autistic sibling can be a positive experience as they can share their unique qualities and outlook on life with you.

Q. Who are some of the women that have had the biggest influence on your life?

My mum is my biggest role model. She wasn't the best behaved student when she was at school and actually got excluded. However she has always worked hard and supported our family. My mum raised 3 children of her own, looked after 18 foster children over 10 years, and even had foreign exchange students. She is a true superwoman!

Q: What motivates you to keep pushing forward and pursuing your goals?

My honest answer is myself. Showing up for yourself can look different to everyone but for me it is trying your best to love yourself and being your biggest supporter!

Q: What advice would you give to young girls and women who want to achieve their dreams?

When I read this question I thought 'What advice would I give to my younger self?' and it would be to be yourself, only let people into your life who make you feel positive and to always believe in you! As a woman we need to keep supporting each other and lift each other up instead of bringing each other down.

Q: What accomplishments are you most proud of in your life?

During my time at Falmouth University I was contacted by a publisher called 'Hardie Grant Egmont Australia' to illustrate a book called 'Welcome to Your Period'. This book empowered so many people all over the world and even won the Australian Book Industry Awards in 2020. Since then I have illustrated 3 more books with this publisher and most recently I have started a new book series with Little Tiger Press a UK publisher. I am currently working on book number 2 of 4 and absolutely love it! Drawing helps me in so many ways and the fact I get to do it as a career makes me feel very proud and I also love that as a woman I have illustrated about such important topics such as periods, consent and mental health.



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International Women's Day

Bonjour de France!

In 2022 Miss Hussey left teaching to embark on an exciting adventure abroad which saw her and her family move to France to restore and renovate our very own castle, Chateau de Bruges. The family took ownership of the beautiful 16th-century Chateau in April 2022 with the dream of restoring it back to its former glory and welcoming guests to come and stay.

It's been over a year since she left and we are pleased to have caught up with Miss Hussey as they have opened the doors and the gardens of this stunning castle to ask her a few questions to celebrate International Women's Day.

Q: Who is your female role model?

A: Female role models that I look up to would be my friends and family who all strive to be the best they can be everyday.

Q: Why is it important to have positive female role models?

A: Having positive female role models can influence career choices because it shows that as a women you can achieve exactly what you want, and more, with hard work, as well as having the traditional wedding and children!

Q: What is greatest accomplishment to date?

A: I have a few accomplishments I am very proud of, but my top two are beginning my adult life as a secondary school PE teacher (which I miss a lot, including my tutor group) and my journey to become this and shortly after, embarking on a new adventure to France to renovate and run a Chateau as a business.

I am very proud of where I have come in such little time in France and for also being brave enough to leave everything and everyone behind in my home country to start a new life!



will be 'ALL WHITE' - 'Chateau de Bruges' - Ep 21 - Renovation



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